

MARCH 2021

Forge International School

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Cereal String Cheese Fruit 100% Juice 1% Milk 1	Breakfast Pizza Bagel Fruit 100% Juice 1% Milk 2	Muffin Yogurt Fruit 100% Juice 1% Milk 3	Breakfast Burrito Fruit 100% Juice 1% Milk 4	NO SCHOOL 5
Whole Grain Blueberry Pop-Tart String Cheese Fruit 100% Juice 1% Milk 6	Breakfast Sandwich Fruit 100% Juice 1% Milk 9	Cherry Frudal Fruit 100% juice 1% Milk 10	Cinnamon Apple Fruit and Yogurt Parfait 100% Juice 1% Milk 11	NO SCHOOL 12
Oat Bar String Cheese Fruit 100% Juice 1% Milk 15	Breakfast on a Stick Fruit 100% Juice 1% Milk 16	St. Patrick's Day! Zucchini Bread Yogurt Green Apple 100% Juice 1% Milk 17	Cinnamon Cream Cheese Mini Bagels Fruit 100% Juice 1% Milk 18	NO SCHOOL 19
Whole Grain Cereal String Cheese Fruit 100% Juice 1% Milk 22	Frittata Fruit 100% Juice 1% Milk 23	Muffin Yogurt Fruit 100% Juice 1% Milk 24	Breakfast Burrito Fruit 100% Juice 1% Milk 25	NO SCHOOL 26
Whole Grain Fudge Pop-Tart String Cheese Fruit 100% Juice 1% Milk 29	Breakfast Sandwich Fruit 100% Juice 1% Milk 30	Cherry Frudal Fruit 100% Juice 1% Milk 31		

This Institution is an equal opportunity provider

